FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APF	PROVAL
NEDCLUD	OMB Number:	3235-028

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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* INGRAM JOHN R									er or Tra O INC				Check all a	onship of Reportii all applicable) Director		(10% C	10% Owner			
(Last) (First) (Middle) C/O INGRAM INDUSTRIES INC. ONE BELLE MEADE PLACE 4400 HARDING					3. Date of Earliest Transaction (Month/Day/Year) 11/26/2003											ficer (give title low)		Other below)	(specify	
ROAD					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(Street) NASHVILLE TN 37205															Form filed by More than One Reporting Person					
(City)	(5	itate) ((Zip)																	
		Tab	le I - Nor	ı-Deriv	<i>r</i> ative	Se	curitie	s Acc	quired,	Dis	posed o	of, or	Bene	eficia	ally Ow	ned				
Date					ate E Month/Day/Year) it		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispo		Disposed	urities Acquired (A) sed Of (D) (Instr. 3, 4			nd Sec Ber Owi	mount of urities eficially ned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
										v	Amount		(A) or (D)	Price	Trai	orted nsaction(s) tr. 3 and 4)			(Instr. 4)	
Class A Common Stock 11/26/						/26/2003					250,00	00 D S		\$14	1,549,592(2)			D		
		Ta	able II - D								osed of, onvertib				y Owne	d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Yo	Date,	4. Transaction Code (Instr. r)		n of		Expiration	6. Date Exercisable and Expiration Date (Month/Day/Year)			cle and unt of irities erlying rative irity (Ins 4)	str. 3	8. Price of Derivative Security (Instr. 5)		F C O	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Nun of Sha	nber						

Explanation of Responses:

- 1. The above transactions were pursuant to a trading plan entered into during a trading window, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- $2.\ Does\ not\ include\ 816,774\ shares\ and\ 1,715,336\ shares\ held\ indirectly\ in\ trust\ for\ the\ benefit\ of\ the\ reporting\ person.$

<u>Lily Yan Arevalo for John R.</u> <u>Ingram</u>

11/26/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.